

By Allison Mowatt
Local

Farmers' Markets



Get to know your local farmers while indulging in the season's freshest, juiciest produce.

A bright and sunny day calls for a stroll around a farmers' market with a selection of plump blueberries, sweet peaches, ears of corn just waiting to be buttered, vine ripe tomatoes, and other stacks of produce as far as the eye can see.

Farmers' markets have recently become a popular marketing method for small farmers and an enjoyable shopping opportunity for people who go to farmers' markets to sample local organic foods. Farmers' markets are an ideal outlet for small farmers who showcase and sell their products directly to the masses. They can be found in every country worldwide from our neighboring towns and cities to the street markets of Asia.

Purchasing produce and other items from farmers' markets is an important part of supporting local farmers and eating healthily by buying fresh, flavorful fruits, and vegetables. These outdoor markets not only feature locally grown fruits and vegetables, but also meats, farmstead cheeses, and eggs and poultry from free range fowl. Some vendors even sell homemade baked goods, crafts, plants, hand-crafted soaps, wood carvings, and other novelties.

If you're visiting a foreign country, it also allows you to familiarize yourself with a specific culture. In many countries, a weekly market day is a routine part of life in villages and town squares. Tasting the foods of a different culture and purchasing their hand-crafted goods is a way of learning about them and is also a great communication tool.

Even if you're not crossing an ocean but are just visiting a neighboring market, it's fun to browse and see what home grown, delicious produce your local area has to offer.

Visit your local farmers' market this season and taste the fruits of their labor!

Local Farmers' Markets

- 1** *Wayne County Farmers' Market*- This is a weekly marketplace located in front of the Wayne County Visitors Center at 32 Commercial Street in Honesdale. It is open through the end of October and features a wide selection of vegetables, locally produced household items, baked goods, and decorative items. The summer season brings fresh produce such as berries, broccoli, summer squash, peas, beans, peppers, and much more.
- 2** *The Hawley Farmers' Market*- The market is located on Main Avenue in downtown Hawley at the train station across from the post office and is open every Friday through October 8th from 1:30 to 5:30 p.m. Enjoy fresh produce, potted plants, flowers, bread, and cheeses.
- 3** *Milford Farmers' Market*- Located at the Milford Township Building on Routes 6 and 209, this market is open every Saturday through October from 8 a.m. to 4 p.m. featuring vegetables, fruit, and baked goods.
- 4** *Monroe Farmers' Market*- This farmers market is open every Saturday through October from 8 a.m. to noon. Located on Ann Street next to the Ribbon Factory in Stroudsburg, the market features produce, dairy products, and eggs.
- 5** *Wyoming County Cooperative Farmers' Market*- Located on Route 29 in Tunkhannock, the market features an assortment of fruits, vegetables, organic
- 6** *Cooperative Farmers' Market of Scranton*- This Scranton market is located at 900 Barring Avenue off Providence Road and Albright Avenue. The four acre site houses forty stands with overhead roofs and a variety of products such as fruits, vegetables, baked goods, jams, jellies, meats, eggs, cheeses, and flowers. The market is open every Monday, Wednesday and Friday.
- 7** *The Farmers' Market at the Olde Lafayette Village Outlets*- Located in Lafayette, New Jersey on Routes 15 and 94, the market is open every Sunday through October 31st from 10 a.m. to 3 p.m. This is a fun experience for anyone who loves outdoor markets with live entertainment, special guests, artisans, and tastings throughout the season.
- 8** *The Callicoon Farmers' Market*- Featuring everything from local wines to cheeses, the market is located at Callicoon Creek Park in Callicoon, New York and is open through December every Sunday from 11 a.m. to 2 p.m. Mark your calendars for the first Annual Holiday Market, which takes place on December 9th.